



# UPONTOP VOLLEYBALL ACADEMY

TAKING YOUR GAME TO THE NEXT LEVEL!

WWW.UPONTOPVOLLEYBALL.COM

## November, 2015 Newsletter

**Greetings Parents & Players!**

Welcome to a new and exciting club volleyball season. We are very happy of your decision to be part of the Up on Top family. We would like to announce that Coach Ed Vázquez is stepping up as our new Club Director. We are excited that he has accepted this opportunity to bring us to the next level. Coach Ed brings many years of coaching, business, and education experience to this position. We feel that his leadership and enthusiasm for the game is contagious, and that he will bring a new vision to our Club.

Tim Rouch, Jr. is assuming the responsibilities of Assistant Director and will be in charge of running the local Volleyball League. We thank him for his hard work and dedication.

We thank you all very much for your support.

**Up On Top Administration**

In This Issue
<ul style="list-style-type: none"><li>• Club News</li><li>• League News</li><li>• Camps</li><li>• Travel Information</li><li>• Facility</li></ul>

## Club News

- Our practice season is in full force with 12 teams ranging from 11 to 18 years old, with some teams practicing several times per week.
- We have instituted a strength and conditioning program known as “Barwis Methods” to help our players achieve their maximum potential. The strength and conditioning program is under the direction of Mike Barwis – Senior Advisor to the New York Mets. Our players will be signing up for a weekly session with Coach Mark.
- The Hotel Page for the Florida Fest tournament in Daytona (January 9-10) is Live.  
Please click on the link on the webpage to make your reservation.



### New Coaching Faces.

We are excited to welcome Coach Jarrah and Coach Amber to our family of Club Coaches. Both have extensive club and collegiate playing experience. They bring a wealth of knowledge to our club.

**Coach Jarrah Garner (Libero)**



**Indian River State College, Warner University.**  
**Currently Head Coach Morning Side Academy**

**Coach Amber McClure (Outside and Right Side Hitter)**  
**Eastern Florida State College**  
**Mars Hill University, North Carolina – NCAA Div 2**



## League News

- Our winter league is in full force with 12 teams participating. That is great news.
- The next Open House will be January 12<sup>th</sup> from 6 pm to 9 pm. Take advantage and sign up early.

### Congratulations to:

Coach John & Pete's Team for taking 1<sup>st</sup> place in the Teen Division

Coach Tim & Katie's Team for taking 2<sup>nd</sup> place in the Teen Division

Coach Anissa & Janet's Team for taking 1<sup>st</sup> place in the Junior Division

Coach Katie's Team for taking 2<sup>nd</sup> place in the Junior Division



## Camps

Up on Top will be hosting the following volleyball camps. Please join us as we strive to get you to the next level. All of the camps will be under the direction of Coach Ed and Tim Jr, along with other coaches. Sign up early to take advantage of a \$20 rebate. Forms available at the front desk.

- November 27, 28 & 29. Time 9-3 pm. Cost \$100.00
- December 21, 22 & 23. Time 9-3 pm. Cost \$100.00
- December 28, 29 & 30. Time 9-3 pm. Cost \$ 100.00

Facility,

As part of our ongoing efforts to make Up On Top the place to be, we have designed several committees to help support our efforts. We would like for you to be involved! Please consider becoming a part of any of the following committees. Contact Coach Ed for more information and meeting times. Thank you.

- Building Committee
- Fundraising Committee
- Equipment Committee
- End of the Year Celebration Committee
- Traveling

Directors Message,

In an effort to make Up On Top better, we are striving to a common goal – develop the talent on the Treasure Coast. That is our pledge. Please let us know how we can serve you better.

We hope that you see a positive change in the environment at Up On Top, and hope that you continue to support our efforts.